

2-Hour Pre-Service Training Quiz

Let's see what we have learned!

1. True or False? It is okay to post client information and photos of your client on Facebook, as long as your settings are set to private. _____

2. When documenting in the client binder, it is important to:

- A. stick to the facts
- B. be as specific as possible
- C. communicate the assigned duties you completed during the shift
- D. all of the above

3. When washing your hands, how long should you scrub your hands?

- A. 5 seconds
- B. 10 seconds
- C. 20 seconds
- D. 30 seconds

4. When lifting, or helping to transfer someone, you should do all of the following EXCEPT:

- A. Hold the item you are lifting so it is closer to you (closer to your center of gravity)
- B. Lift with your legs and thighs
- C. Lift with your back
- D. Widen your stance

5. True or False? Changes in taste buds and hearing loss can both be a normal part of aging.

6. True or False? Dementia is a normal part of aging. _____

7. Fill in the blank. It is important to re-position a person because pressure sores can turn into _____. If this happens it can be dangerous because they can lead to infections within the body.

8. Short answer. What is the main difference between a hoyer lift and a sit-to-stand lift?

9. Fill in the blanks. When completing perineal care, it is import to wipe _____ to _____.

10. Short answer. If you are working with a client experiencing poor appetite or poor fluid intake, what is one strategy you could try doing?

Caregiver Name

Date

Caregiver Signature

Trainer Signature

Date