

## **Preventing Accidents**

Outside of falls, there are other types of accidents we need to work on preventing!

When assisting with a shower or a bath, always check the ***water temperature*** so it is not too hot or too cold. Check in with your client several times to make sure the temperature of the water is to their liking.

Check the refrigerator weekly and ***throw out any expired foods***.

Keep an eye out for any signs of ***rodents or insects*** in the home. If you notice anything, reach out to the family or Care Manager.

Report anything serious that can compromise a healthy home (ex. water damage, mold, electrical problems, etc.) to the family or a Care Manager.

Help your client remember to check their ***fire detectors*** at least twice/year. Report any issues to the family or Care Manager.

If you have any concerns about your clients' ability to manage their own medications, please let the Care Manager know. ***Medication mismanagement*** might include noticing loose pills on the floor or counters, confusion from taking too many or not taking enough of a medication, taking expired medications, etc.