

Positioning, Transferring, and Ambulation

Frequently we need to assist clients transfer from bed-to-wheelchair, wheelchair-to-toilet, or wheelchair-to-recliner.

Here are two videos on transferring from bed to wheelchair (using a transfer belt) (7:03 minutes):

https://www.youtube.com/watch?v=lcgT7blwHil&list=PLb2oVeJojJUrXMiiyAO4A_DBPTJDF-fuF&index=22

(Video 4:32 minutes)

<https://www.youtube.com/watch?v=5TagT0vQvls>

When a client stays in one position for too long, pressure sores can develop that can turn into wounds. Wounds are especially dangerous because they can lead to infections within the body. One way to help prevent wounds is to help our clients reposition.

Here is one video to that demonstrate re-positioning client on their side when they are in bed (4:01 minutes):

https://www.youtube.com/watch?v=XZNtrYEN_uw

Here are other examples of common ways to help transfer and ambulate:

Dressing a person with a weak arm (7:04 minutes):

https://www.youtube.com/watch?v=PiHCvPHBoZs&list=PLGPm_NQiQEFSLrtp7JOp-1LQG2d0xmYmy

Dressing a person video (10:06 minutes):

<https://www.youtube.com/watch?v=VScDoIQE25Y&index=17&list=PL94D0090F938D0CF2>

Ambulation with a walker video (3:06 minutes):

<https://www.youtube.com/watch?v=M6rqUFtFpj4>

Pivot transfer with a gait belt video (5:08 minutes):

<https://www.youtube.com/watch?v=IDyvt-1IrKU&list=PL94D0090F938D0CF2&index=26>