

Bathing and Grooming Assistance

All clients will have their own personal care and grooming routine. Our goal will be to have you train with a caregiver or family member to best learn each person's routine.

How to give a bed bath articles (see printed copies):

http://thestudentnurse.com/class_notes/fundamental-nursing-skills/fundamental-nursing-skills_how-to-give-a-bed-bath/

<https://www.caring.com/articles/how-to-give-a-bed-bath> (Includes information on male perineal care.)

Bed bath, perineal care (female), and oral care video (9:22 minutes):

<https://www.youtube.com/watch?v=hYXYcOHT6aE>

Female perineal care video (14:23 minutes):

<https://www.youtube.com/watch?v=uFgu8GNG39w>

Male perineal care video (4:22 minutes):

<https://www.youtube.com/watch?v=gcy93YauSLA>

How to shave a male patient video (9:42 minutes):

<https://www.youtube.com/watch?v=QC47Au3naGs>

How to provide denture care video (8:00 minutes):

https://www.youtube.com/watch?v=l0G0ZO627jo&list=PLGPm_NQiQEFTCE5mvf0krgibxiG7JNu2O

Mouth care video (5:56 minutes):

<https://www.youtube.com/watch?v=Pj8zn7lSZFA>

Putting on Ted Hose video (2:28 minutes):

<https://www.youtube.com/watch?v=KI9WuZb2aaE>

Toileting

Some clients will need help with toileting and wiping. Always remember to use gloves when handling urinals and helping clients wipe after using the toilet. Some clients will use baby wipes (some are flushable and some are NOT!) or toilet paper. Remember to wipe front to back to avoid causing infection of the urethra or bladder. It helps to ask your client to lean forward on the toilet so you have better access to wipe.