

Clean, Safe, and Healthy Environments

One of the most important duties we perform for our clients is to help them maintain their homes. As we age, or because of disability, it becomes harder for us to do these tasks.

Tips:

Keep a daily or weekly chore list in the client binder of tasks that need to be done on a regular basis.

Write notes on how clients like to have things done. For example, when doing the laundry, are there items that should not be dried?

Be familiar with the household cleaning materials and use them according to their label.

Keep an eye out for insects, rodents, or other problem critters and let your Care Manager know if you see any issues.

Encourage your client (or ask the client's family) to give you ideas on what "extra" things need to be done when you might have some down time. For example, are there any spring cleaning items that can be done?

Check smoke detectors at least 2x/year.

Keep an ongoing shopping list so the client or family knows when they run out of an item.

If there is a particular cleaning item you like to use, ask the client or family member if they can purchase that item for you.

Help organize where you can.

Pick up clutter.

Throw away expired items – but always let the client know you are throwing something out and why!

Clean up spills and messes right away.

Always write in the binder what you did that day so you can go back, or the client and family can go back, and look to see what has been done and when.