

Caring For People Services

Handbook Quiz

1. What are the three main areas of aging? _____,

_____, _____.

2. Name the five basic needs of seniors. _____,

_____, _____,

_____, _____.

3. True or False – Circle one.

-Not having one main Doctor who oversees the medical treatment plan is one of the most common mistakes seniors make.

4. True or False – Circle one.

-Early death is not one of the consequences of a respiratory condition.

5. Name four of the twelve changes in the nervous system that the aging process causes.

_____, _____,

_____, _____.

6. What is Aphasia? _____

_____.

7. True or False – Circle one.

-Do not use “normal” to describe people who do not have disabilities.

8. True or False – Circle one.

-It’s okay to use the word “handicap”.

9. What are the five stages in the dying process? _____,

_____, _____,

_____, _____.

10. What is one of the last functions to go in a person who is dying?

a. Voice

c. Vision

b. Taste

d. Hearing

11. What is one tip for handling a difficult client? _____

_____.

12. _____ are red sores on the skin, which are caused by pressure, friction and skin breakdown.

13. Nutrients are vital to health because they: _____,
_____, _____.
_____.

14. Name one of the common risk factors of falls for seniors. _____.

15. There are three main goals in giving first aid. They are to: _____
_____, _____, _____.